



SOUTHERN CROSS
VOLLEYBALL CLUB

Social Volleyball League Rules and Regulations

Updated: 01-10-2026

TIME AND PLACE

Location: Trinity College Sports Centre. 2 Trinity Ave, East Perth WA 6004

Date: 30th September – 9th December

Time: 6.30pm – 9.30pm. Games start at 6:30pm, 7:30pm and 8:30pm.

NOMINATION FEES

All teams who are registered to join Southern Cross Volleyball social competition are required, for insurance purposes to pay a nomination fee (\$36 per team) for the season and to register with Volleyball WA. Teams must include at least 6 player registrations. Players who do not have a current Gold or Platinum VWA Membership will be required to pay a Social Volley Participant Fee of \$18.

If your team or players in your team are also participating in sitting volleyball, then the above team registration covers you for this format, so no additional payment is required.

REGISTRATION

Each team must complete a team registration form.

Each player must complete a player registration via the Volleyball WA Fortix system. If a player joins a team midway through the season, the player must complete the registration, even if the intention is only to play for one game. The registration is necessary as it provides Personal Accident Insurance.

GAME FEES

Each team will be required to pay a \$80 game fee each week (Sitting volleyball is included in this fee so if you play both, you only pay one \$80 fee). Individual players that join an existing team for sitting volleyball must pay their portion of the \$80 fee to the team directly.

This fee should be paid as a singular payment each week prior to the commencement of the game. Payment must be made via the Southern Cross Payment portal.

Failure to comply with these requirements will result in a forfeit being recorded until the offending team becomes financial.

The game fees are a fixed amount, regardless of the number of players on the team.

PLAYING CONDITIONS

All matches have a 50-minute, plus a 10-minute warmup.

First game warm-up will commence at 6:20pm. Game will start at 6:30pm and conclude at 7:20pm.

Second game warm-up will commence at 7:20pm. Game will start at 7:30pm and conclude at 8:20pm.

Third game warm-up will commence at 8:20pm. Game will start at 8:30pm and conclude at 9:20pm.

Minimum of 4 teams per division (Female, Mens, Mixed) is required for that division to go ahead.

Players can play in both mixed and female/male teams; however, we cannot guarantee that games times will not conflict. We will do our best to avoid conflicts. If your team is registered for sitting volleyball, it will be scheduled before or after your standing volleyball game. Note you will not be scheduled to play sitting volleyball every week; it will be on a rotational basis, depending on number of teams registered.

All sets are played as rally point to 25 points (capped), 3 sets maximum.

The final set is golden point if set scores are equal. There are no draws.

Minimum of 8 points is required for the final set to count unless the set scores are tied at 1:1. In this situation, the team with the highest score in the 3rd set wins the match.

The net height will conform to FIVB regulations for female, mixed and sitting volleyball competitions.

Mixed competitions will require at least two players of either gender to be on court at all times. If a team only has 1 player of either gender on court at the start of the game, then they will forfeit 5 points to the opposition team; unless the opposition team agrees to proceed without the 5 point penalty.

Minimum 5 players must be on court at the start of the game and the with the two-gender rule still applying for mixed competition.

REFEREES

You may not always agree with the referee's decisions, but please remember the spirit of the game and that the referee tries hard to be fair to both teams. If a team does not understand an interpretation of a ruling, the team captain should request – in a polite manner – interpretation or qualification. Referees can report individual players to the coordinator and disciplinary action may be taken, including forfeiture of matches and or suspension from future games and competitions.

LEAGUE TABLE

The premiership table shows cumulative matches, sets and points for a team during a season. There will be no premiership table for sitting volleyball as this is a come-and-try style of competition, however there will be finals which will involve teams that are not in the standing volleyball finals.

For each played match the result can be a Win (3 Points) or a Loss (1 point). No Draws.

Only completed sets for the first 2 sets are counted towards the league table. The 3rd set does not need to be completed and the team with the highest points (min 8) at end of the allotted time will be awarded the league points. If the set scores are tied at 1:1 then the team with the highest score at the end of time limit will be awarded the point (no min score). If the points are equal at the end of the allotted time, then an extra point is played and the winner of that point is awarded the win.

The team with the highest Points (win - 3 Points, loss 1 point), then Set Ratio (sets won / sets lost) will achieve the highest position on the table. In case of identical Points and Set Ratio, the team with the higher set points for/against will go first.

At the end of each match, each captain should sign the scoresheet to confirm that scores have been correctly recorded by the referee.

FORFEITS/CANCELLATION

Please arrive at least 10 minutes before your match. If a player arrives late, he/she will be eligible to play. The team will be able to borrow a player from another team, with the consent of the coordinator and the opposing team.

The rules for forfeits are as follows.

Teams forfeiting must inform their Coordinator on 24 hours prior to their pending forfeit.

Team is still required to pay their game fee.

Once the coordinator has been informed of the forfeit by the forfeiting team, we will endeavour to contact the team-contact from the affected opposing team, who is then RESPONSIBLE for contacting their players.

Teams with 3 forfeits during a season may be asked to leave the competition.

SUBSTITUTIONS

Substitutions are permitted between points and are not limited. Team cannot take unfair advantage by performing multiple substitution or make rotation changes during a set, without conferring with the umpire and opposition team

UNIFORMS

There are no uniform requirements for the indoor competition. However, it is expected that appropriate footwear is worn, and safety concerns must be taken into account. No sharp or potentially dangerous ornaments shall be worn.

FINALS

To qualify for the finals, a player must have participated to at least four matches during the season for the same team.

A player can play only for one team in finals regardless of if they have played for multiple teams during the season.

For the Mixed competition, the top 4 in the league tables are eligible.

The semi-finals format for Mixed will be 1st v 4th and 2nd v 3rd with the winners playing off in the grand final.

For the Ladies competition, the top 3 in the league tables are eligible.

The semi-finals format for Mixed will be 2nd v 3rd with the winner playing off in the grand final against the 1st ranked team.

All finals best of 5 sets (25,25,25,25,15) however capped at 1.5hr time limit (incl 10min warm-up).

DISPUTES

Any matter relating to protests of misconduct of any kind should be directed, in writing, to the coordinator no longer than 3 working days after the dispute.

RESPONSIBILITIES

All players participate in the Southern Cross Social Volleyball competition play at their own risk.

COORDINATOR

The coordinator is responsible to settle all disputes as they occur, and to interpret or make changes to by-laws as deemed necessary.

THANK YOU FOR CHOOSING TO PLAY IN THE SOUTHERN CROSS SOCIAL VOLLEYBALL LEAGUE.